

Useful information for a comfortable stay

For your comfort and health Providence is a non smoking domain.

Weather

Being in the foothills of the Pyrenees, whilst we have a sunny temperate climate, mountain weather is subject to surprises. Spring; March, April and May are generally our wettest months. Summer; June, July, August are usually warm/hot and sunny with cooler evenings and the autumn months of September/October are usually delightfully warm, clear and dry.

What to bring

Providence is a casual relaxed atmosphere so please bring comfy clothing, walking and indoor shoes, swimsuit in the warmer months, and a sweater for outside dining and cooler evening temperatures. A light rain jacket is advised.

Transport

Providence is 6 kms from Pamiers or 60 kms south of Toulouse in the southwest of France. The nearest international airports are Toulouse (Blagnac) and Carcassonne. Air France, British Airways, Easy Jet, Ryan Air are amongst the main airlines from the UK. Direct train services link Pamiers and Toulouse, Paris and Andorra. Airport or Rail transfers are not included in the prices given so please make your own arrangements. We are happy to help with connecting people travelling to and from the same area who may wish to share rental cars, taxi or travelling time.

Contact

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A life
changing
training



Presents

Alchemy

**Alchemical Hypnotherapy for
Personal and Professional Development**

**Transmute the “lead” of your inner pains and suffering
into the “gold” of self realisation**

Intensive Residential Training

Dates on <http://alchemy.suryoma.com>

*Offered in an ideal setting in the French Pyrenees by François Gerland,
certified trainer of the Alchemy Institute of Hypnotherapy, California.*

Alchemical Hypnotherapy has changed the life of thousands of people.

Since 1983, The Alchemy Institute has trained close to 2000 professional hypnotherapists who come from all walks of life. Hypnosis therapy has the unique power to create rapid lasting change by discovering and healing the source of illnesses, addictions and phobias in the subconscious mind. For this reason, many health professionals are adding hypnotherapy to their practices. Alchemical work stands out as the state of the art in hypnosis technologies for a wide variety of clients. This professional hypnosis training is one of the most rigorous available. Alchemical Hypnotherapy moves beyond the realm of mere didactic learning and into an experience of healing for the body, emotions and mind.

A Transpersonal Journey

This training is the foundation course for a diploma in alchemical hypnotherapy. It stands alone as a powerful personal transformation workshop where participants spend time on their own personal process as well as helping the other students doing the same. We utilise group guided visualisation and practices to facilitate your healing. We support you in contacting the infinite source of love and wisdom which is your Higher Power. You will learn to anchor this power into your daily life utilising state of the art techniques of hypnosis and therapeutic process.

Daily practice in groups of 2 or 3 students under the direct supervision of a trained hypnotherapist will create a profound personal experience of the processes being discovered, and a far deeper integration of the day's learning, than is available in other hypnosis courses. In a safe nurturing environment and atmosphere, the emphasis will be as much on the transformation of your inner world as on the assimilation of new healing techniques. The deep inner transformation you will experience during these two weeks will have a deep effect on your life.

Due to the intense nature of this programme, both educationally and experientially, participants must complete an application form and an interview, in which they demonstrate mental and emotional stability. For those pursuing a career in hypnotherapy, students must show academic competence and the ability to rapidly assimilate new skills.

This 120 hour training is recommended for Personal Transformation or as the Basic Training for Alchemical Hypnotherapy Certification. Professional Hypnotherapists can use it to add the outstanding tools of alchemy to their practice.

Intensive Residential Training Schedule

Registration at Providence 4 - 6pm the day before the training

Class begins daily at 9.00am and finishes at 6.30pm.

Days 1 - 2 Introduction to Hypnotherapy - Trance induction, deepening techniques, post hypnotic suggestion, rapport, pre-induction interview and goal setting before the session.

Days 3 and 5 - 8 Emotional Clearing - State of the art techniques for rapid clearing of emotional trauma and childhood pain, includes emotional release, inner child, inner family and inner mate.

Days 4, 9, and 13 Off - Time to practice with other students and enjoy the ideal conditions of Providence and the surrounding countryside. Enjoy the mountains, forests and local historical, cultural and spiritual Midi Pyrenees region of France.

Days 10 - 12 Inner Guides and past life regression - Using inner guides for rapid personal change, physical and emotional healing, creativity, spiritual growth. Ancient shamanic as well as modern techniques are offered. Past life regression as applied to emotional clearing, creativity, changing karma and relationships.

Days 14 - 17 Conference Room - Communicating with different aspects of the personality and working with them to facilitate behavioural change. The judge, the inner child, the rescuer, the victim, the cynic, the rebel. Learn how to help your clients create contracts with these characters that strengthen the will.

The Training finishes at 5pm on the 17th day.

Cost of tuition and books is Euro 700 per week + Euro 45 the 1st week.

Accommodation and meals cost varies from Euro 46 to 67 per day if you choose to stay in Providence. Other possibilities available on request.

Continuing Training and Certification

A certificate of Certified Hypnotherapist specializing in alchemy is gained after 180 hours training and passing an exam recognised by the ACHE (American Council for Hypnotist Examiners). These and other advanced classes will be offered at a later date.

Your instructor: François Gerland: *“François is one of the top trainers our Institute has ever produced. He combines absolute mastery of the techniques with personal warmth, compassion, and a delightful sense of humor...” David Quigley, founder of Alchemical Hypnotherapy and president of the Alchemy Institute.*